

**COMMISSION ON AGING (COA)  
Earl W. Smith Senior Center  
25 Tremko Lane  
Minutes Monday, March 6, 2023**

The meeting was called to order by Chairperson, Carole McCarthy at 10am.

Members present Carole McCarthy, Charlene Armitage, Jane Martin, Catherine Sampson and Jean McCarthy, Kit Eves, Agent for the Elderly

Catherine Sampson moved and Jane Martin seconded to approve the minutes of the January 3, 2023. Motion passed unanimously.

Charlene Armitage mentioned that she has been officially seated, by the Board of Selectman, as a member of the Commission on Aging.

**Agent for the Elderly**

- Kit said the birthday party gatherings were going well and that, with the suggestion of Jane Martin, the invitation to the parties will be inserted in the birthday cards that are sent out by the center. Eastern Connecticut State University students attended the past event and will be attending the next event. The May birthday meeting will feature Bev York.
- This month the senior housing residents will be going to Trader Joes. Hopefully this trip will be expanded upon and become a monthly event. Kit reported that there will be a catered St Patricks lunch on March 17 which will include entertainment. There is a Casino trip on March 13 at 9:30AM and future events will include a picnic sometime in the summer.
- On June 29 from 8-1:30 there will be a free mammography screening at the center. No insurance is required to get a screening.
- The COA and the Agent for the Elderly will sponsor a Health Fair on May 13 from 10AM to 1 PM.
- Kit mentioned that other community groups are using the center for their activities.

**New Business:**

- Jean will contact a speaker for an educational program on fall prevention. Possible date is April 21 with a potential time of 10:45.
- Carole McCarthy will ask the towns finance office to charge the COA account for the materials used to make valentines for veterans.
- Carole McCarthy will look into meeting with other COA groups from other towns to discuss common areas of a COA group.
- Possible future programs might include a talk on affordable housing,
- There will be a veteran's event with a tentative date of November 3 at 11:00AM. Charlene Armitage will look into securing the entertainment. The event would include lunch. The event would welcome a donation with the proceeds going to the NE Veterans Community Center.
- Game day is planned for June 20 at 10:45 with lunch at 12:30.

Catherine Sampson moved and Jane Martin seconded to adjourn at 11:13AM. Motion passed unanimously.

Jean McCarthy, Secretary